

Personal, Social & Emotional Development

Babies aged 0 - 1 year

I will start to begin to learn the skills I need to become actively involved in the world around me. I will come to understand who I am and what I can do, begin to understand myself in relation to others, how I make friends, understand the rules of society and behave towards others and start to understand my own and others' feelings and develop my ability to see things from another person's point of view.



Having some special one-one time with cuddles, snuggles, smiles and games will help me on my way towards making healthy relationships

Talk to me about my emotions, this will help me to understand how I am feeling and support me in learning how to manage these feelings as I grow

Encourage me to repeat actions, expressions and gestures with lots of eye contact. I will find this funny and it will help me begin to develop my self-confidence

