



MILKY WAY

TOOLS FOR TALKING



LET'S CHAT!

Repeat my sounds—if I say “ba!”, you can say “ba, ba, bottle!” to help me connect words. Copying me shows you’re listening and encourages me to try more. Give me a moment to respond, even if it’s just a coo or a smile—I’m learning to communicate!

BIG EXPRESSIONS, BIG FUN!

When you exaggerate your speech and use playful facial expressions, I watch and learn how words are formed. When you say “WOW!” with wide eyes and an excited voice, I see how language is full of emotion and meaning!

LISTENING IS LEARNING

Singing to me, whether it’s a lullaby or a silly song, helps me hear rhythm and speech patterns. Sounds from nature—like birds, rustling leaves, or barking dogs—introduce me to new noises. Everyday sounds, like the doorbell, washing machine, or jingling keys, help me learn about cause and effect.

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GIVING MY MOUTH A WORKOUT

Trying lumpy foods around six months helps me develop the muscles I need for speech. Taking breaks from my dummy gives me more chances to babble and explore new sounds.

A LANGUAGE-RICH WORLD

From the moment I am born, I learn through eye contact, warm interactions, and hearing your voice. Speaking to me, reading stories, and describing what we’re doing together all help me develop the foundation for talking.

PRAISE, PRAISE, PRAISE!

Your excitement encourages me to keep trying. When I make a sound or try a new word, celebrate with smiles, claps, and kind words—knowing you’re proud of me makes learning even more fun!