

# SUPERNOVA

# OUTDOOR \*\*EXPLORATION



### Outdoor Exploration





#### Using all the Senses

Give your child opportunities to use all their senses when exploring natural materials. What can you hear? How does it feel? Do you like how it smells? What does it taste like? Let's look really closely.



Collect lots of natural items. Talk about their properties. What's the same? What's different? Can they put together those that are the same?













#### Vocabulary

Use lots of ambitious vocabulary when talking about and describing nature: meadow, dune, glacier, prickly, smooth, gritty, rough, crooked, wavy, curved etc.

#### Freeze Nature

Place items of nature inside different sized containers and fill with water. Place in the freezer overnight and take out the next day. Allow children to investigate how to melt the ice and discuss what is happening. Once the ice has melted, the remaining water and nature makes perfect 'nature soup'.



## Outdoor Exploration



#### Suggested Activities:

#### Nature Bracelets

Wrap masking tape (sticky side up) around your child's wrist and attach nature to make a nature bracelet. Name the items, talk about how they look, feel and smell.





#### Make Natural Paintbrushes

Use twigs, leaves, grass, feathers and twine to create your own natural paint brushes. You could also make natural paint with yoghurt and food colouring.