

## Toilet Training Readiness

There is no set time to start toilet training—each child is different. Parents should decide when their toddler is **developmentally and emotionally ready**.

Around **2 years and 6 months**, children may show signs of readiness, such as:

- **Noticing when they've wet or soiled their nappy**
- **Showing interest in others who are toilet training**

Toddlers may prefer a **potty, toilet, or seat insert**, and their preferences will vary.



## Starting Toilet Training

Once you and your toddler are ready:

- **Pull-ups are okay** to start training.
- **Familiarize them** with the potty/toilet—use a doll or teddy to demonstrate.
- **Read potty-training stories** to make it fun.
- **Provide privacy**—use the potty in a quiet space.
- **Keep them company**—chat to help them relax.
- **Stay calm**—never force or get angry.
- **Praise every success**, no matter how small.
- **Be patient**—accidents are normal, and night training takes longer.

## Let us know!

Please inform us when you begin **toilet training at home**. We will **work together** to support your child and maintain **consistent approaches** for a smoother transition.